

ISA OPEN WATER SUP INSTRUCTOR COURSE

The ISA Open Water SUP Instructor qualification is the only internationally recognised Open Water SUP Instructor qualification recognised by the International Surfing Association and member organisations. All ISA courses set the international standard for accreditation for Instructors and Coaches in the surf school industry.

The ISA Open Water SUP Instructor Qualification is the Instructor accreditation professional SUP instructors wanting to teach in open water and the associated types of SUP racing and paddling. It covers teaching, instructing and coaching in exposed waters, downwind and racing conditions for a distance of 5km.

All ISA Instructors must be a minimum age of 16 years old. Instructors under the age of 18 must work with a supervising instructor until they reach 18 years of age, at which time they are able to instruct on their own.

The pre-requisite for the ISA Open Water SUP Instructor qualification is that a candidate must already have completed the ISA Flatwater SUP Instructor Course. All after-course components DO NOT need to have been completed and signed off, just having the done the course. Please note, before being awarded the ISA Open Water SUP Instructor qualification an instructor must have fully completed all requirements for the ISA Flatwater SUP Instructor qualification

The requirements for accreditation and gaining the ISA Open Water SUP Instructor qualification are

- Attend the 1 Day ISA Open Water SUP Instructor Course
- Satisfactorily complete all requirements of the course including
 - Venue Analysis
 - Design a basic Open Water SUP lesson plan
 - Deliver a basic Open Water SUP lesson
 - Demonstrate basic stand up paddling skills (at the end of this document, there is an explanation of what is required to demonstrate for the Open Water SUP skills)
- Complete 10 practical instructing hours with a Supervisor Instructor who signs off a competency Check List for the Trainee Instructor
- Fully complete the Open Water SUP Instructor Work Book
- Complete and be proficient in an Open Water Aquatic Rescue Award
- It is also strongly recommended that all instructors are a member of their National Governing Body
- * Please note that there may be additional location specific requirements that must be met prior to the issuing of the Qualification. This may include for example, the requirement to have any working with children checks completed

Once these are all completed, the Trainee Instructor submits their Work Book to the Course Organiser, the National Governing Body or to the person identified during the course to whom all completed materials must be submitted to.

Once this has been done, it will be submitted to the ISA Head Office for processing. At which time, the successful instructors will be issued with their ISA Open Water SUP Instructor Certificate and added to the ISA Instructor Register.

The 1 Day ISA Open Water SUP Instructor Course will cover all the required material, both the theory and practical components. At the completion of the course, the participants must finish the requirements before they can submit their workbook to become accredited and qualified as an ISA Open Water SUP Instructor.

Participants have 12 months to fully complete and submit to the ISA all requirements from the date of the start of the course to become accredited and qualified. If not completed within this 12 month time frame, the participant must complete the 2 day course again.

Instructor and Member Registration lasts for 12 months from the date of registration with the ISA. To reregister with the ISA, it is simply a matter of renewing online with the payment of the annual registration fee.

Open Water SUP Skills Assessment

The Open Water SUP Skills assessment requires the Course Participant to demonstrate the following techniques. These must be not only demonstrated but demonstrated with confidence and competence.

- Wave Negotiation
- Mounting the board for a race start
- Making a buoy turn
- Catching a runner
- Steering the board with the feet instead of the paddle
- Drafting (wash riding)
- Sprinting or increase paddle rating and speed
- Down wind paddling
- Returning to shore safely

These can be demonstrated either by video or live during the course. Please note that during some courses, it will not be possible to have the opportunity to demonstrate these skills for the assessment. This may be due to location constraints, time constraints, prevailing conditions for example.

Photo's will not be accepted as evidence.

A course participant will have 12 months from the start date of a course to demonstrate these skills.

As part of the course, a participant will have 2 additional chances to send through videos at no extra charge if the initial videos do not demonstrate the required skills. If a participant does not meet the skill level, specific feedback will be provided explaining what was missing and what areas need to be worked on and redemonstrated. If after an addition resending of videos, the participant's videos still do not meet the requirements, there will be an additional charge for further reviews.

Please note that this is not intended as an income producing stream, rather to ensure that participants take note of the feedback and work on what is required before sending back more videos, rather than just sending copious numbers of videos through in the hope that one or two might demonstrate what is required.