

ISA Surf SUP Instructor Course Information

Prerequisites

- All participants must have completed the ISA SUP Flatwater Instructor Course
 - This only needs to have been completed and does not require that all components have been completed and finished and the ISA SUP Flatwater

Course

The requirements for accreditation and gaining the ISA Surf SUP Instructor qualification are

- Attend the 1 Day ISA Surf SUP Instructor Course
- Satisfactorily complete all requirements of the course including
 - Venue Analysis
 - Design a basic learn to surf SUP lesson plan
 - Deliver a basic learn to surf SUP lesson
 - Demonstrate basic surf SUP skills (at the end of this document, there is an explanation of what is required to demonstrate for the Surf SUP skills)
- Complete 10 practical instructing hours with a Supervisor Instructor who signs off a competency Check List for the Trainee Instructor
- Fully complete the Level 1 Surf Instructor Work Book
- Complete and be proficient in a Surf Rescue Award

Required Surf SUP Skills

- Entry and transition off beach in 1m waves, competently and confidently negotiating the impact zone
- Take off on unbroken waves
- Complete a basic cut back
- Traverse across the wave to both the left and right (forehand and backhand)
- Safely pull off and exit wave
- Safely return to shore

Candidates have 12 months to complete all the requirements to gain the ISA Surf SUP Instructor qualification.