

ISA Surf & SUP Instructor Aquatic Rescue and Safety Course Information

The International Surfing Association (ISA) and the International Lifesaving Federation (ILS) have entered into a key strategic partnership together to establish a universally recognized, global standard water safety course and certification for surfing and stand-up paddle (SUP) coaches and instructors.

The ISA/ILS International Surf and SUP Instructor Aquatic Rescue and Safety Course is specific for the surf instructing environment and available for all ISA and ILS Members to access. The course can be presented by ILS Member Organizations and those with formal endorsed trainer/assessor qualification.

The concept of this Course and its full development was from the need seen by International Surfing Development. We believed it was a necessity for our industry and for the ISA to offer such a course to complement the ISA Instructor Courses. We wrote and developed the course and are hugely proud and satisfied that this has become the international standard as deemed and recognised by the ISA and ILS.

The aims of this course are as follows:

- Establish a global minimum standard for Surf/SUP instructors water safety certification as the current water safety requirements vary from country to country. This will translate into a transportable safety accreditation that will benefit traveling coaches.
- Complement the ISA Coaching and Instructing Program Courses that currently require all ISA accredited instructors to hold a valid, recognized water safety accreditation
- Promote water safety world-wide.
- Enhance the value of the ISA Coaching Certification and provide more opportunities to our program participants.

Course Details

Prerequisites

- All participants must be a minimum of 15 years of age. (Please note that the minimum age for ISA Level 1 Instructors is 16 and there may be local jurisdiction requirements and age limits that differ from this)
- Prior to attending a course, participants must have completed a timed swim of 200m completed in under 5 minutes in a pool no shorter than 25m. This must have been witnessed and completion certificate signed by a Pool Manager, Qualified Swim Coach, ISA or ILS Course Organiser or ISA or ILS Course Presenter

Course Components

- 2 days of practical and theory course work.
- The ISA Surf and SUP Instructor Aquatic Rescue and Safety Course includes theory and practical components as well as group discussions and group activities.

- The theory components are delivered by a PowerPoint Presentation, a Participant Manual and Participant Workbook that needs to be completed during the Course.
- The practical components include basic water/surf skills, completing patient rescues using a board, performing basic first aid, performing basic CPR and emergency care techniques and successfully completing a basic fitness test.
 - o There will be a different fitness test for Surf Instructors and Flat Water Instructors.

Course Currency and Validity

- The ISA Surf and SUP Instructors Aquatic Rescue and Safety Course is valid for two (2) years
- On expiry of the 2 years, instructors must complete a full course again

All participants MUST show competency in all aspects of the course at the time of the Course to satisfactorily complete and pass it. Unlike other ISA courses, there is NOT a 12 month period to show competency and complete it.